



Luton Hoe

HOTEL, GOLF & SPA



BREAKFAST MENU

Continental Section

Breakfast Cereals

Cornflakes (g, v, ve), Rice Krispies (g, v, ve), All-Bran (g, v, ve), Weetabix (g), Muesli (pe, mo, v, ve)

Natural Yogurt

Served with pumpkin seed granola and fresh berries (d, g)

Fresh Fruit Salad

Hand cut seasonal fruit served in a light stock syrup (v, ve)

Continental Breakfast Cheeses

Dutch Edam, Smoked Applewood and Danish Blue (v, d)

Continental Breakfast Meats

English ham, Dutch salami and Italian mortadella (sd, d)

Pastry Basket

Oven baked viennoiseries and sweet muffins (g, e, d, n, so, v, pe)
or gluten free sweet muffins, brioche rolls and sweet madeleines (e, d, v, n, pe)

Hot Breakfast

Traditional Cooked Breakfast (g,d, sd, e).

Cumberland sausages, smoked back bacon, black pudding, grilled field mushrooms, roast vine tomatoes hash browns, scrambled eggs and baked beans.

Hot Vegetarian breakfast (g,d, sd, e, so, v).

Vegetarian sausages, grilled field mushrooms, roast vine tomatoes, hash browns, scrambled eggs and baked beans

Eggs Royale (g,d,e, fi, sd).

Poached hens' egg and oak-smoked salmon served on an English muffin with hollandaise sauce

Eggs Florentine (g,d,e, fi, sd).

Poached hens' egg and buttered spinach served on an English muffin with hollandaise sauce

Avocado on Toast (g,d,e,v).

Smashed avocado on sourdough toast, poached hens' eggs and chilli butter

American-style pancakes (e,d, sd, v, so, n).

Fresh berries, honey and hazelnut chocolate spread

All our food is prepared in a kitchen where nuts, gluten and other food allergens may be present. Our menu descriptions do not include all ingredients. If you have a food allergy or intolerance, please speak to a member of our staff before ordering. All prices are inclusive of VAT.

A discretionary 12.5% service charge will be added to your bill for all food and beverage services.

(v) vegetarian, (ve) vegan, (ce) celery, (mo) mollusc, (cr) crustacean, (mu) mustard, (d) dairy, (n) nuts, (e) egg, (pe) peanuts, (fi) fish, (se) sesame, (g) gluten, (so) soya, (lu) lupin, (sd) sulphur dioxide