



A discretionary 10% service charge will be added to your bill for all food and beverage services and will be shared by the entire team.

Please note we are unable to accept cash payments.

If you are affected by a food allergy or intolerance, please inform a member of staff who will be happy to assist you with your order and note the following menu content abbreviations for your information:

Ce – celery C – crustaceans E – egg F -fish
G – cereals containing gluten L - lupin
M – milk & dairy Mo - molluscs Mu - mustard
N – tree nuts P - peanuts Se - sesame
Sh – shellfish So - soybeans
Su - sulphur dioxide & sulphites
Vg – vegan V – vegetarian
*can be adapted to gluten free



Breakfast Menu

£24.00

Excluding resident guests on inclusive terms

Starters

*Bakery & Juice

A Basket of Freshly Baked Bread & Pastries will be delivered to your table with a choice of Orange or Apple Juice.

Gluten Free Muffins & Toast are available.

Cereals (G)

Cornflakes*, Weetabix, All Bran, Rice Krispies, Frosties, Cocoa Pops, Organic Muesli (N, G), Strawberry (G) or Pecan Crunch (G, N)

or

Fresh Fruit Salad & Yoghurts (M)

Fresh Fruit Salad and a choice of Plain or Fruit Yoghurt

or

Cheese (M)

Selection of Mixed Cheese

Port Salut, Camembert and Bell Passé

or

Porridge (G,M)

Made with Semi-Skimmed Milk

Beverages

Coffee

Fresh Ground Brazilian or Decaffeinated Cafetiere, Cappuccino, Latte, Espresso

Freshly Infused Tea

Earl Grey, Darjeeling, Great Rift

Fruit & Herbal

Camomile, Peppermint, Green, Lemon & Ginger,

Red Berry & Flower, Green & Peach

Main Course

Ashdown Park Full English Breakfast

(G,M,E,Su)

Bacon, Sausage, Baked Beans, Grilled Tomato, Mushrooms, Croquette Potatoes, Black Pudding and your choice of Fried, Poached or Scrambled Eggs.

Served with White or Granary Toast.

or

Lifestyle Breakfast* (G,E)

Vegan Quorn Sausage (G), Grilled Tomato, Mushrooms, Baked Beans, Smashed Avocado, Roasted Pepper*.

Served with White or Granary Toast.

or

Smoked Salmon (E,G,F)

Served with or without Scrambled Eggs and White or Granary Toast.

or

Poached Smoked Haddock* (G,M,E,F)

Poached Free Range Eggs with Toasted Crumpet, Hollandaise Sauce *

or

Smoked Salmon Benedictine* (G,E,M,F)

Toasted Breakfast Muffin, Hollandaise Sauce*

or

Smashed Avocado* (G,E)

Toasted Sourdough, Tomato Jam with Poached Eggs, Pumpkin Seeds*

* Can be adapted for Gluten Free

If you suffer from a food allergy or intolerance, please inform a member of staff who will be happy to assist you when placing your order